

Sunday 29th March 2026
+ Lent 6 : Palm Sunday

The collect

Almighty and everlasting God, in your tender love towards the human race you sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. AMEN

The Liturgy of the Palms

The reading from the Gospel
according to Saint Matthew
(21.1-11)

When they had come near Jerusalem and had reached Bethphage, at the Mount of Olives, Jesus sent two disciples, saying to them, ‘Go into the village ahead of you, and immediately you will find a donkey tied, and a colt with her; untie them and bring them to me. If anyone says anything to you, just say this, “The Lord needs them.” And he will send them immediately.’

This took place to fulfil what had been spoken through the prophet, saying, ‘Tell the daughter of Zion, Look, your king is coming to you, humble, and mounted on a donkey, and on a colt, the foal of a donkey.’

The disciples went and did as Jesus had directed them; they brought the donkey and the colt, and put their cloaks on them, and he sat on them.

A very large crowd spread their cloaks on the road, and others cut branches from the trees and spread them on the road. The crowds that went ahead of him and that followed were shouting, ‘Hosanna to the Son of David! Blessed is the one who comes in the name of the Lord! Hosanna in the highest heaven!’

When he entered Jerusalem, the whole city was in turmoil, asking, ‘Who is this?’

The crowds were saying, ‘This is the prophet Jesus from Nazareth in Galilee.’

The Psalm
(118.19-24)

Open to me the / gates of / righteousness: that I may enter / and give / thanks to the / Lord. This is the / gate of the / Lord: the / righteous shall / enter / through it.

I will give thanks to you, for / you have / answered me: and have be/come / my sal/vation. The stone which the / builders re/jected: has be/come the / chief / cornerstone.

This is the / Lord’s / doing: and it is / marvellous / in our / eyes. This is the day that the / Lord has / made: we will re/joyce / and be / glad in it.

The Liturgy of the Passion

The reading from Isaiah
(50.4-9a)

The servant of the Lord said: The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he awakens – wakens my ear to listen as those who are taught. The Lord God has opened my ear, and I was not rebellious, I did not turn backwards. I

gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting.

The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

The Psalm
(31.9-16)

Have mercy on me, Lord, for / I am in / trouble: my eye is consumed with sorrow, my/ soul • and my / body / also. For my life is wasted with grief, and my / years with / sighing: my strength fails me because of my affliction, and my / bones / are con/sumed.

I have become a reproach to all my enemies and even to my neighbours, an object of dread to / my ac/quaintances: when they see me in the / street they / flee from / me. I am forgotten like one that is dead, / out of / mind: I have be/come • like a / broken / vessel.

For I have heard the whispering of the crowd; fear is on / every / side: they scheme together against me, and / plot to / take my / life. But my trust is in / you, O / Lord: I have / said, ‘You / are my / God.

My times are / in your / hand: deliver me from the hand of my enemies, and from / those who / persecute / me. Make your face to shine up/on your / servant: and save me / for your / mercy’s / sake.’

The reading from Philippians
(2.5-11)

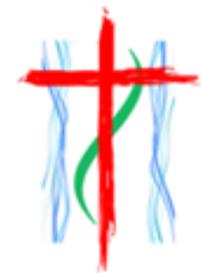
Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death - even death on a cross.

Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

*The Passion Gospel from the Gospel
according to Saint Matthew*

The collect following communion

Lord Jesus Christ, you humbled yourself in taking the form of a servant, and in obedience died on the cross for our salvation: give us the mind to follow you and to proclaim you as Lord and King, to the glory of God the Father. AMEN



Dydd Sul 29^{ain} Mawrth 2026 Sul y Blodau

Colect y dydd

Hollalluog a thragwyddol Dduw, a anfonaist dy Fab ein Hiachawdwr Iesu Grist o'th gariad tyner at yr hil ddynol i gymryd ein cnawd ac i ddioddef angau ar y groes, caniatâ inni ddilyn esiampl ei amynedd a'i ostyngeddrwydd a bod hefyd yn gyfrannog o'i atgyfodiad; trwy Iesu Grist ein Harglwydd, sy'n fyw ac yn teyrnasu gyda thi, yn undod yr Ysbryd Glân. AMEN

Litwrgi'r Palmwydd

Gwrandewch Efengyl Crist yn ôl Sant Mathew (21.1-11)

Pan ddaethant yn agos i Jerwsalem a chyrraedd Bethffage a Mynydd yr Olewydd, yna anfonodd Iesu ddau ddisgybl gan ddweud wrthynt, "Ewch i'r pentref sydd gyferbyn â chwi, ac yn syth fe gewch asen wedi ei rhwymo, ac ebol gyda hi. Gollyngwch hwy a dewch â hwy ataf. Ac os dywed rhywun rywbeth wrthyich, dywedwch, 'Y mae ar y Meistr eu hangen'; a bydd yn eu rhoi ar unwaith."

Digwyddodd hyn fel y cyflawnid y gair a lefarwyd trwy'r proffwyd: "Dywedwch wrth ferch Seion, 'Wele dy frenin yn dod atat, yn ostyngedig ac yn marchogaeth ar asyn, ac ar ebol, llwdn anifail gwaith.'"

Aeth y disgyblion a gwneud fel y gorchmynnodd Iesu iddynt; daethant â'r asen a'r ebol ato, a rhoesant eu mentyll ar eu cefn, ac eisteddodd Iesu arnynt.

Taenodd tyrfa fawr iawn eu mentyll ar y ffordd, ac yr oedd eraill yn torri canghennau o'r coed ac yn eu taenu ar y ffordd. Ac yr oedd y tyrfaoedd ar y blaen iddo a'r rhai o'r tu ôl yn gweiddi: "Hosanna i Fab Dafydd! Bendigedig yw'r

un sy'n dod yn enw'r Arglwydd. Hosanna yn y goruchaf!"

Pan ddaeth ef i mewn i Jerwsalem cynhyrfwyd y ddinas drwyddi. Yr oedd pobl yn gofyn, "Pwy yw hwn?", a'r tyrfaoedd yn ateb, "Y proffwyd Iesu yw hwn, o Nasareth yng Ngallilea."

Y Salm (118.19-24)

Agorwch byrth cyfiawnder i mi; dof finnau i mewn a diolch i'r ARGLWYDD. Dyma borth yr ARGLWYDD; y cyfiawn a ddaw i mewn drwyddo.

Diolchaf i ti am fy ngwrando a dod yn waredigaeth i mi. Y maen a wrthododd yr adeiladwyr a ddaeth yn brif gonglfaen.

Gwaith yr ARGLWYDD yw hyn, ac y mae'n rhyfeddod yn ein golwg. Dyma'r dydd y gweithredodd yr ARGLWYDD; gorfoleddwn a llawenhawn ynddo.

Litwrgi'r Dioddefaint

Darlleniad o Esea (50. 4-9a)

Rhoes yr ARGLWYDD Dduw i mi dafod un yn dysgu, i wybod sut i gynnal y diffygiol â gair; bob bore y mae'n agor fy nghlust i wrando fel un yn dysgu. Agorodd yr ARGLWYDD Dduw fy nghlust, ac ni wrthwynebais innau, na chilio'n ôl. Rhoddais fy nghefn i'r curwyr, a'm cernau i'r rhai a dynnai'r

farf; ni chuddiais fy wyneb rhag gwaradwydd na phoer.

Y mae'r Arglwydd DDUW yn fy nghynnal, am hynny ni chaf fy sarhau; felly gosodaf fy wyneb fel callestr, a gwn na'm cywilyddir. Y mae'r hwn sy'n fy nghyfiawnhau wrth law. Pwy a ddadlau i'm herbyn? Gadewch i ni wynebu'n gilydd; pwy a'm gwrthwyneba? Gadewch iddo nesáu ataf. Y mae'r Arglwydd DDUW yn fy nghynnal: pwy a'm condemnia?

YSalm (31.9-16)

Bydd drugarog wrthyf, ARGLWYDD, oherwydd y mae'n gyfyng arnaf; y mae fy llygaid yn pylu gan ofid, fy enaid a'm corff hefyd; y mae fy mywyd yn darfod gan dristwch a'm blynyddoedd gan gwynfan; fe sigir fy nerth gan drallod, ac y mae fy esgyrn yn darfod.

I'm holl elynion yr wyf yn ddirmyg, i'm cymdogion yn watwar, ac i'm cyfeillion yn arswyd; y mae'r rhai sy'n fy ngweld ar y stryd yn ffoi oddi wrthyf. Anghofwyd fi, fel un marw wedi mynd dros gof; yr wyf fel llestr wedi torri.

Oherwydd clywaf lawer yn sibrd, y mae dychryn ar bob llaw; pan ddônt at ei gilydd yn ferbyn y maent yn cynllwyn i gymryd fy mywyd. Ond yr wyf yn ymddiried ynot ti, ARGLWYDD, ac yn dweud, "Ti yw fy Nuw."

Y mae fy amserau yn dy law di; gwared fi rhag fy ngelynyddion a'm herlidwyr. Bydded llewyrch dy wyneb ar dy was; achub fi yn dy ffyddlondeb.

Darlleniad o Philipiaid (2.5-11)

Amlygwch yn eich plith eich hunain yr agwedd meddwl honno sydd, yn wir,

yn eiddo i chwi yng Nghrist Iesu. Er ei fod ef ar ffurf Duw, ni chyfrifodd fod cydraddoldeb â Duw yn beth i'w gipio, ond fe'i gwacaodd ei hun, gan gymryd ffurf caethwas a dyfod ar wedd ddynol. O'i gael ar ddull dyn, fe'i darostyngodd ei hun, gan fod yn ufudd hyd angau, ie, angau ar groes.

Am hynny tra-dyrchafodd Duw ef, a rhoi iddo'r enw sydd goruwch pob enw, fel wrth enw Iesu y plygai pob glin yn y nef ac ar y ddaear a than y ddaear, ac y cyffesai pob tafod fod Iesu Grist yn Arglwydd, er gogoniant Duw Dad.

Ar gyfer Mathew gweler y tudalen arall

Defynddir gweddi ôl-ynghyd

Arglwydd Iesu Grist, darostyngaist dy hun trwy gymryd ffurf gwas, ac mewn ufudd-dod buost farw ar y groes er ein hiachaw-dwriaeth: dyro i ni'r bwriad i'th ddilyn di, ac i'th gyhoeddi di yn Arglwydd ac yn Frenin, er gogoniant i Dduw y Tad. AMEN

